## Living in Retirement:

## Creating a Plan for Aging

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## Retirement Living

- Your goal is to get the most out of the retirement years
- What makes retirees happy?
- Source: Health and Retirement Study, 2012


## Does Money Make you Happy?

Retirement Satisfaction


## What Do We Know About Spending in Retirement?



## What We Spend Right After Retirement

## CHANGE IN SPENDING UPON RETIREMENT



Source: Finke \& Guo, 2015

Trends in Income Before \& After Retirement
Post Retirement Income Falling at 75 Percentile


## How Much Will I Spend in Retirement?



## Spending Falls Faster among Wealthy



## Entertainment Spending Falls with Age Top Wealth Quintile



Source: Health and Retirement Study

## I would feel uncomfortable spending more than my income in retirement.



- TRUE

Finke, 2016

## The thought of my retirement portfolio balance going down

 over time brings me discomfort, even if the decline in value is a result of spending money on my retirement goals.

Texas Tech Retirement Planning and Living Survey, 2015

## Grasshoppers and Ants in Retirement



- Datasets: HRS and CAMS
- Pooled cross-sectional analysis, starts in 2002


## Identifying Grasshoppers and Ants

| Wealth Rank | Pre-Retirement Spending |  | Pre-Retirement Income |  | Retirement Wealth |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Ants | G-hoppers | Ants | G-hoppers | Ants | G-hoppers |
| $80^{\text {th }}$ up to $90^{\text {th }}$ Percentile | \$42,040 | \$83,620 | \$82,561 | \$78,267 | \$646,172 | \$629,807 |
| 90 ${ }^{\text {th }}$ Percentile and Up | \$57,530 | \$125,496 | \$156,238 | \$201,137 | \$1,431,005 | \$1,532,886 |
|  |  |  |  |  |  |  |

## Grasshoppers and Ants Spending After Retirement




## Impact of a Windfall on Spending

Amount Spent Annually per $\$ 1,000$ windfall


## Retirement: Revenge of the Grasshopper?



## What Predicts Life Satisfaction In Retirement?



## Importance of Health <br> Retirement Satisfaction



## Importance of Spouse/Partner



## Importance of Positive Relationships



## A Note on Children



## Happiness and Hours Social Time

Age 65 and older, Gallup 2011

Percent Happy


## Decline in Social Network



## Housing Decisions



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## Wealth and Time Use



## Importance of Social Spending

(dining out, vacations, tickets, hobbies, sports, personal care)

Life Satisfaction


## Spending Your Nest Egg



The 4\% Rule
30-Year Time Horizon


Assumptions About 4\% Rule


## An International Perspective of Longevity at Age 65




Source: Robine, 2012

## Remaining Life Expectancy at At 65, 1950-2009

$$
\leadsto \text { Male } \rightarrow-\text { Female }
$$


© Political Calculations 2013

## Some Perspective on Probabilities

Probability of a 65 -year-old living to age 95 , based on different mortality tables.


## Wealthier People Tend to Live Longer

Change in average additional life expectancy (in years) at age 55, by wealth, between cohorts born in 1920 and 1940


## When Will My Money Run Out with Safe Investments? Following the 4\% Rule



## The Retirement Risk and Spending Tradeoff



## Using Risky Investments in Retirement

Hypothetical Example: 50/50 Chance of -20\% or $35 \%$ (7.5\% Average)


## Returns right after retirement matter the most

Sequence of Returns Risk Over the Lifetime


Source: Calculations by Wade Pfau, 2014

## Examples of Sequence of Return Risk

What is the effect of negative returns and withdrawals?

| Year | S\&P Returns | T-Bill Returns | Withdrawal <br> First of Year | Balance at <br> Beginning of Year |
| :---: | :---: | :---: | :---: | :---: |
| $12 / 31 / 99$ |  |  | $\$ 80,000$ | $\$ 2,000,000$ |
| 2000 | $-9.03 \%$ | $5.76 \%$ | $\$ 82,192$ | $\$ 1,788,358$ |
| 2001 | $-11.85 \%$ | $3.67 \%$ | $\$ 85,258$ | $\$ 1,613,681$ |
| 2002 | $-21.97 \%$ | $1.66 \%$ | $\$ 86,230$ | $\$ 1,358,160$ |
| 2003 | $28.36 \%$ | $1.03 \%$ | $\$ 88,472$ | $\$ 1,461,410$ |
| 2004 | $10.74 \%$ | $1.23 \%$ | $\$ 90,179$ | $\$ 1,451,508$ |
| 2005 | $4.83 \%$ | $3.01 \%$ | $\$ 92,857$ | $\$ 1,408,902$ |
| 2006 | $15.61 \%$ | $4.68 \%$ | $\$ 96,563$ | $\$ 1,448,095$ |
| 2007 | $5.48 \%$ | $4.64 \%$ | $\$ 98,571$ | $\$ 1,416,198$ |
| 2008 | $-36.55 \%$ | $1.59 \%$ | $\$ 102,790$ | $\$ 1,062,340$ |
| 2009 | $25.94 \%$ | $0.14 \%$ | $\$ 103,098$ | $\$ 1,092,060$ |
| 2010 | $14.82 \%$ | $0.13 \%$ | $\$ 105,810$ | $\$ 1,062,677$ |
| 2011 | $2.10 \%$ | $0.03 \%$ | $\$ 107,534$ | $\$ 962,102$ |
| 2012 | $15.89 \%$ | $0.05 \%$ | $\$ 110,685$ | $\$ 923,631$ |
| 2013 | $32.15 \%$ | $0.07 \%$ | $\$ 112,445$ | $\$ 954,963$ |
| 2014 | $13.52 \%$ | $0.05 \%$ | $\$ 114,222$ | $\$ 90$ |
| 2015 | $1.36 \%$ | $0.21 \%$ | $\$ 114,119$ | $\$ 790,293$ |

50\% S\&P Allocation, 50\% T-Bills, Annual Rebalance, 1\% Fees

Simulating Retirement Outcomes


The Cone of Retirement Outcomes


## Financial Assets Today are More Expensive



## Equities - Shiller P/E



## \$100 Stock Price

\$6.25 in
Profits
Historically \$2.87
Reinvested
\$3.38
Dividends

$\$ 3.44$ in Profits Today
$\$ 1.51$
Reinvested
\$1.95
Dividends

## What Does Current P/E Imply?

Results For S\&P 500 From Different Starting Shiller P/Es 1926-2012

| Starting P/E |  | Avg. Real | Worst Real | Best Real | Standard |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Low | High | 10 Yr Return | 10 Yr Return | 10 Yr Return | Deviation |
| 5.2 | 9.6 | 10.3\% | 4.8\% | 17.5\% | 2.5\% |
| 9.6 | 10.8 | 10.4\% | 3.8\% | 17.0\% | 3.5\% |
| 10.8 | 11.9 | 10.4\% | 2.8\% | 15.1\% | 3.3\% |
| 11.9 | 13.8 | 9.1\% | 1.2\% | 14.3\% | 3.8\% |
| 13.8 | 15.7 | 8.0\% | -0.9\% | 15.1\% | 4.6\% |
| 15.7 | 17.3 | 5.6\% | -2.3\% | 15.1\% | 5.0\% |
| 17.3 | 18.9 | 5.3\% | -3.9\% | 13.8\% | 5.1\% |
| 18.9 | 21.1 | 3.9\% | -3.2\% | 9.9\% | 3.9\% |
| 21.1 | 25.1 | 0.9\% | -4.4\% | 8.3\% | 3.8\% |
| 25.1 | 46.1 | 0.5\% | -6.1\% | 6.3\% | 3.6\% |

Source: Asness, 2012

Figure 1: 10-Year Government Bond Yields (\%)


Sources: National Central Banks, Haver Analytics

Cost of Real \$1 Annuity Income Has Doubled Since 1982


## Future Return Risk is Real



When thinking about your retirement assets, which strategy best describes your objective?

## Steady income + growth



## Loss Aversion with Retirement Investments

How comfortable would you feel about accepting a loss after retirement compared to before retirement?


■ Much less
$■$ Slightly less
■ No Impact
$\square$ Slightly more

How would you describe your change in attitude towards risk over the past year?

Age


■ Less risk tolerant

■ More risk tolerant

■ Unchanged

## Low Return Retirement Portfolio Choices

- 1) Take more risk and hope for the best
-2) Spend a lot less (safe = 2.75\%)
- 3) Start out conservative but be flexible if returns rise
- 4) Maximize net expected return on retirement investments
, Strategic Roth conversion
, Delay claiming Social Security

5) Find ways to increase income from safe assets

## Annuitization = Same Safe Income at Lower Price



Source: Finke, 2015
Assumes 4\% Corporate Bond Rate and 2012 Society of Actuaries and American Academy of Actuaries Mortality Table

## Bonds vs. Annuitization



## Retirement Asset Optimization



## Retirement Income Frontier

## Downside Retirement Cost vs. Average Retirement Cost

 55 -year old couple with a 10-year deferral period and 10-year period certain

Note: Percentages in chart represent stock allocation for "Stocks/Bonds Only" asset allocations.
Source: Finke and Pfau's Northwestern Mutual Whitepaper, 2014

## Cannex Annual Income Quotes for 65 Year Old Couple (Joint) Cash Refund Option at \$100,000

| Financial Institution | Income | Taxable Portion |
| :---: | :---: | :---: |
| The Lincoln National Life Insurance Company | \$5,254.59 | \$1,529.09 |
| Integrity Life Insurance Company (W\&S) | \$5,230.59 | \$1,506.41 |
| Forethought Life <br> Insurance Company - A <br> Global Atlantic Company | \$5,178.74 | \$1,450.05 |
| New York Life Insurance and Annuity Corporation | \$5,110.97 | \$1,425.96 |
| Nationwide Life Insurance Company | \$5,086.97 | \$1,361.48 |
| Principal Financial Group | \$5,080.75 | \$1,392.13 |

## Cost of Bond Ladder Income vs. Annuity



| Funding Late Life Retirement Income with <br> \$120,000 <br> a DIA |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| \$100,000 |  |  |  |  |  |  |  |  |  |
| \$80,000 |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| \$40,000 <br> Fund from |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
|  | 70 | 75 | 80 | 85 | 90 | 95 | 100 | 105 | 110 |

## Making DIAs More Efficient: The QLAC

- Qualified Longevity Annuity Contract
- Use up to $\$ 125,000$ (or $25 \%$ ) of IRA assets to purchase a DIA
- Avoid RMDs on $\$ 125 k$, taxed on income when DIA begins
- Assets within DIA wrapper grow tax free between 70.5 and when the income begins




## What Happens When Assets Are Depleted?



Age

## Benefit of Automating Late Life Income

Figure 2. Prevalence of Dementia in North America

| $60-64$ | $0.8 \%$ | $\times 2.1$ |
| :--- | ---: | :--- |
| $65-69$ | $1.7 \%$ | $\times 1.9$ |
| $70-74$ | $3.3 \%$ | $\times 2.0$ |
| $75-79$ | $6.5 \%$ | $\times 2.0$ |
| $80-84$ | $12.8 \%$ | $\times 2.4$ |
| $85+$ | $30.1 \%$ |  |

Source: Ferri et al, 2006.

## Financial Literacy and Confidence



Source: Finke, Howe and Huston, 2013

# Questions/Comments 

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[^0]:    Source: James, 2007

